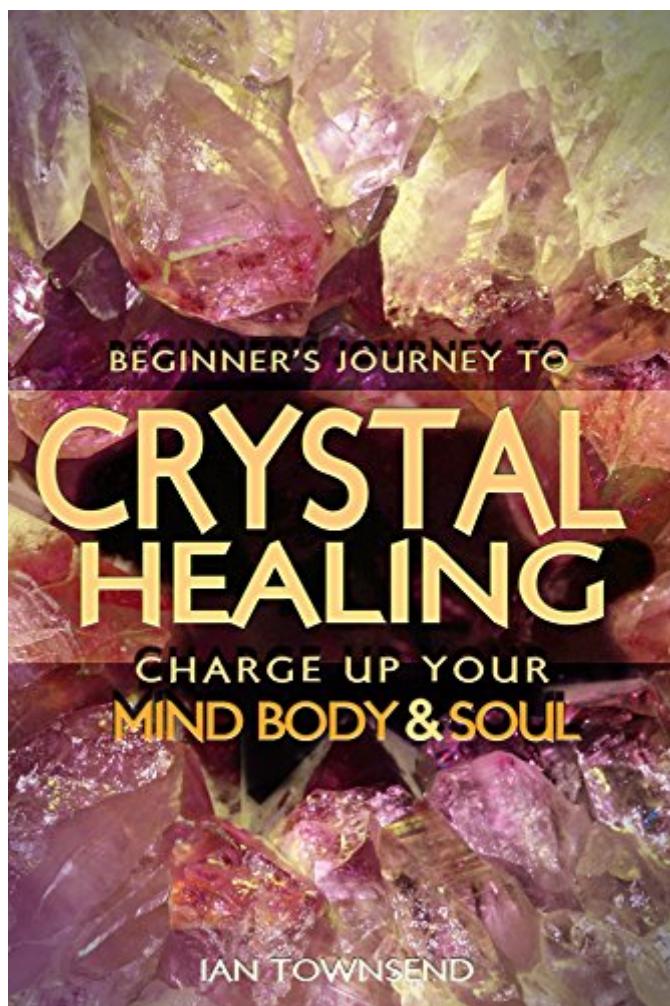


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# Crystal Healing: Charge Up Your Mind, Body And Soul - Beginner's Journey (Crystal Healing For Beginners, Chakras, Meditating With Crystals, Healing Stones, Crystal Magic, Power Of Crystals Book 1)





## **Synopsis**

Start Your Journey With Crystal Healing - Simple and Effective Method of Self-Healing for Everyone! Are you ready to fill your body with positive energy? Do you want to live a less stressful life? This book introduces you to crystals and their positive vibrations. It gives you all the instructions you need to start benefit from their amazing holistic healing abilities. Filled with pictures for your reference to every crystal and gemstone described. A Little Preview Of What You'll Learn After Reading This Book: What are the best Crystals to get started with? What are Chakras and their connection with Crystals? Cleansing, Charging and Programming your precious energy holders. What are the physical and mental benefits of Crystals? and my favorite: Meditating with Crystals. Scroll up and Download Now! Thank you from the bottom of my heart!

## **Book Information**

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## **Customer Reviews**

Made easy through awesome writing, definitely a keeper

This book has some pretty good info for getting started with crystals and which crystals work for which chakra. Now I know some crystals that I need to get.

Good overview for anyone starting out. A nice introduction to the Chakras as well. Helps identify specific known crystals and how to prepare them cleaning, charging or storing.

Very good for beginners short and to the point. Gives you a nice starting place to expand your knowledge of crystal healing.

So helpful and explanatory

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